

Undertake Manual Handling (MEM11011)



Aim	This course is designed to equip individuals with skill and knowledge in relation to lifting and moving materials manually.
Descriptor	This unit applies to lifting and moving materials manually and/or using basic manual handling equipment in a wide range of environments.
Duration	3 hours duration as a minimum. Depending upon specific requirements of clients, the unique workplace/tasks conducted this may necessitate additional time to acquire the skills and knowledge.
Accreditation	MEM11011
Course Size	10 participants with one trainer.
WHS Compliance	W.H&S Regulation 2017 W.H&S Act 2011 National Codes of Practice
Course Content	<p>At the conclusion of this course participants will have an understanding of the rationale behind lifting and moving materials manually, including but not limited to:</p> <ol style="list-style-type: none">1. Determining material weight correctly utilising most appropriate technique, and risks associated with lifting.2. Appropriate equipment selection where required.3. Placing material safely and securely on moving equipment.4. Relocating material ensuring safety of personnel and security of material.5. Unloading material from moving equipment and placed in a safe and secure manner